

Homoeo Healing

Flora's

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Homoeopathic system of medicine is founded by Christian Friedrich Samuel Hahnemann in the 19th century. It is based on the principle "Similia Similibus Curentur". All the medicines are prepared from natural resources like Plant kingdom, Mineral kingdom, Animal kingdom, Nosodes & Sarcodes. The natural substances are further diluted by the process called Potentization to arouse its therapeutic property. All the medicines are proved on healthy human beings. Homoeopathic treatment is holistic. It treats the mind, body & spirit. The prescriptions are very individualized as it treats the Man in disease and not just the disease.

Plants grow in their own right, they lack the capacity to move to different locations autonomously. Rooted to one spot, they inherently have to be attuned to their surroundings in order to adjust to prevailing changes.

Individuals who require plant-based remedies are gentle, sensitive souls who strive to adapt to their social and environmental settings. They tend to be passive, emotional, prone to get hurt easily and quite changeable (according to Dr. Rajan Sankaran's perspective).

This article is a brief introduction to some of the healing plants used in the preparation of Homoeopathic medicines.

Calendula Officinalis : Calendula officinalis is known as the "herb of the sun," calendula is a sacred plant for Hindus in India, its flowers used extensively in various auspicious ceremonies. The flowers have been particularly associated with Lord Ganesha.

Common Name: Marigold;

Family: Compositae;

Active alkaloids: Carotenoids, Triterpene alcohol, Fatty acid of ester, Triterpene saponins, Coumarins, essential oils, Hydrocarbons, Flavonoids.

Action: It produces local exudation and acid discharges.

Calendula officinalis is a most remarkable healing agent, it promotes healthy granulation and rapid healing by first intention. It has anti-inflammatory, anti-fungal and anti-bacterial properties.

Parts Used: Fresh flowers and leaves



Homoeopathic Uses: Calendula is indicated for

- Open wounds
- Non healing ulcers
- Haemostatic after tooth extraction.
- Deafness and Catarrhal conditions of ears
- Neuroma
- Constitutional tendency to erysipelas
- Pains after injuries
- In cancer as an intercurrent remedy

Calendula is indicated for all above clinical conditions in person who is affectionate by nature. Becomes restless and fears something terrible is going to happen to him during the complaints.

Dose: Locally, calendula mother tincture (Q) is used for all wound, internally as well externally used in low potency.

Passiflora incarnata: Passion-flower (Passiflora incarnata) is a climbing vine with white and purple flowers. The chemicals in passion-flower have calming effects.

The passion flower blossom, is often used to symbolize events in the last hours of the life of Jesus Christ. The corona represents the crown of thorns, the styles represent the nails used in the Crucifixion, the stamens represent the five wounds, and the five sepals and five petals represent 10 of the Apostles (but Judas, who betrayed Jesus; and St. Peter, who

denied Jesus three times on the night of his trial.

Common Name: Passion Flower;

Family: Passifloraceae;

Active Alkaloids: Flavonoids, Flavonoid glycoside, alkaloids, polyphenols, carotenoids, anthocyanine.

Action: It relaxes the muscular spasm in seizures. Muscle relaxant in anxiety & insomnia. The ethanolic extract of flower posses antioxidant activity and neuroprotective activity.

Homoeopathic Uses: Passiflora incarnata is indicated for

- Antispasmodic
- Whooping cough
- Delirium tremors
- Convulsion in children
- Neuralgia
- Insomnia
- Worm fever
- Teething
- tetanus
- Hysteria
- Puerpal convulsion
- Acute mania
- Atonic Condition
- Asthama

Passiflora Incarnata is indicated for all the above clinical conditions in an individual who is always crowded by thoughts. Easily excited & restless at work.

Dose: Large doses of mother tincture(Q) are required, 30-60 drops repeated several times.

Vinca Minor: The Vinca minor flower, also known as periwinkle or myrtle, has been used for its medicinal properties since ancient times.

The plant is popular in gardens for its ornamental



value and adaptability. It can tolerate a range of light levels and is often used as ground cover to prevent erosion and retain soil moisture.

The flower is used in religious symbolism to represent "purity", "everlasting love", and "wee virgin". Some churches have recreated the flower in stained glass and paintings, and directly associate it with the Virgin Mary.

Common Name: Lesser Periwinkle;

Family: Dogbane family;

Active Alkaloids: Vinca minorine, Vinca minorine, Minovine, Minovinicine

Action: It modulates brain circulation and neuronal homeostatis. It is antihypoxic, neuroprotective, antioxidant & Antiapoptotic.

Homoeopathic Uses: Vinca Minora is indicated for

- Eczema
- Haemorrhages
- Diphtheria
- Corrosive itching with redness
- Eczema of face
- Eczema of head
- Excessive Menstruation with great weakness
- Seborrhoea of upper lip and base of nose

Vinca Minora is indicated for all the above clinical conditions in an individual who is Morose, quarrelsome. He has always thoughts of death & fear of death.

Dose: Low Potency

There are numerous Homoeopathic medicines which are derived from the plant kingdom which are safe and effective. The upcoming issues will speak in volumes about more homoeopathic medicines prepared from the plant kingdom.●